



# info

## **OAB SITEMAP**

### **HOME**

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- “Is It Just Me?” (Quiz)
- “What Pees You Off?” (Poll)
- Get More Information

### **WHAT IS OVERACTIVE BLADDER?**

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- How the Normal bladder works
- The Overactive Bladder
- Types of bladder control problems
- What is the Daily Impact of OAB?

### **DO I HAVE OAB?**

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- Overactive Bladder Assessment Questionnaire

### **WHAT ARE THE TREATMENT OPTIONS FOR OAB?**

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- Behavioral and Lifestyle
- Pelvic floor muscle exercises
- Bladder retraining
- Medications
- Surgery

### **HOW DO I TALK TO MY DOCTOR?**

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- Who treats Overactive Bladder?
- Suggestions on how to talk to your doctor
- What to expect at the Doctor

### **CONTACT US**

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### **PRIVACY STATEMENT**

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### **GLOSSARY**

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### **REFERENCES**

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